



**Adult and Secondary Student Events - 10km run, 5km run, walk;  
Primary Student Events  
Grades Prep-one-two - 1km run, walk;  
Grades three-six - 3km run, walk**

**Yarrawonga Foreshore Fun Run - Sunday, April 20th, 2008.**

Name: .....

Address: .....

Age: ..... Date of Birth: .....

Phone: ..... Email: .....

Emergency Contact: ..... Emergency Phone: .....

**Distance:**  10km run  3km Primary Students only  
 5km run-walk  1km Primary Students only

**Category:**  Male  Female  Open  Secondary Student  
 Over 40  Prep-One-Two Student  Grade Three-Six Student

**Shirt size:**  Female – 10, 12, 14  Male – S, M, L, XL, XXL

**Cost:** \$20 per adult competitor; \$5 per Secondary School competitor  
\$2 per Primary School participant

**Pre entries:** All pre-entries receive a free race T-shirt. Send cheque with entry form to Sacred Heart College, PO Box 286, Yarrawonga, 3730.  
Cheques made out to Sacred Heart Parents and Friends Social Club.

**OR** pay directly at Focus Gym, Mulwala Water Ski Club, Sacred Heart College or Sacred Heart Primary.

**Start:** Corner Bank St and Coghill Streets adjacent to water slide at the Yarrawonga Foreshore,  
**Time:** 11am adults; 11.45am Childrens' events

**Declaration**

- The participant acknowledges and agrees that the activity organised or conducted by the Sacred Heart College Parents and Friends Association ("SHCP&F") is in the nature of an athletic and strenuous sport and as such, has inherent dangers and risks, including risk of injury or death to the participant.
  - The participant further acknowledges and agrees that due to the nature of the activity, it would be unreasonable for the SHCP&F to be in any way responsible for any injury to or death of the participant and the participant hereby, to the full extent permitted by law, waives all of his or her legal rights of action against and fully releases the SHCP&F for loss, damages, injury or death howsoever arising out of or in relation to the participation by the participant in the activities conducted or organised by the SHCP&F including without limitation, liability for any negligent or tortious act or omission, breach of duty, breach of contract or breach of statutory duty on the part of the SHCP&F, its office bearers, volunteers or agents.
  - The participant further acknowledges and agrees that he or she has undertaken the activity freely, voluntarily and absolutely at his or her own risk and with a full appreciation of the nature and extent of all risks involved in the activity. This waiver shall bind the participant and his or her executors.
- I have read and understand this waiver of my legal rights.

Signature of Participant: ..... Name of Participant: .....

Date: .....

If entrant is under 18 years of age: I am the legal parent or guardian of the above child, and I acknowledge that I have read and consent to the above waiver of my child's legal rights

Signature of parent/guardian ..... Name of Parent/Guardian: .....

Date: .....